

**South Sydney Community Aid**

Coop Ltd

Multicultural Neighbourhood Centre



### Crisis Assistance For

- Emergency Free Food Services
  - Material Aid
- Financial Counselling and Advice

This Guide Contains Material Aid Crisis Contact Information for the City of Sydney Central, Southern Sydney and Eastern Suburbs LGA Areas.

This list is updated yearly by [South Sydney Community Aid Multicultural Neighbourhood Centre](#).

Any correction is welcome. Please contact-**93194073**

We are located at; The Alexandria Town Hall 73 Garden St,  
Alexandria 2015 Ph: 9319 4073 Fax: 9319 4741

Email: [mnc@ssca.org.au](mailto:mnc@ssca.org.au) [www.ssca.org.au](http://www.ssca.org.au)

# EMERGENCY AID AND FOOD

## South and Inner Sydney

Organisation	Type of Assistance	Timetable
<p>Salvation Army (Neighbourhood Centre) Cnr Cope and Phillip Streets, Waterloo, NSW, 2017 Ph: 96983586 Fax: 96994732</p>	<ul style="list-style-type: none"> <li>• Subsidised two-course hot lunch each week day</li> <li>• Weekly chapel meeting</li> <li>• Weekly market</li> <li>• Opportunity shop</li> <li>• Distribution of free bread and sandwiches each morning</li> <li>• Distribution of food parcels</li> </ul>	<p>Daily at 12 noon Tea and coffee are available when the centre is open <u>Cheap midday meal</u> \$4 for two course hot meal <u>Limited free food</u> Either at the centre or in a takeaway for the needy people.</p>
<p>Hill Song City Care Waterloo Centre 220-222 Young Street, Waterloo Ph:90878222 Fax: 97753749</p>	<ul style="list-style-type: none"> <li>• Financial support and assistance</li> <li>• Food hampers</li> <li>• Emergency vouchers for food, water, gas and electricity bill</li> </ul>	<p>by appointment</p>
<p>Hare Krishna mobile van 'Food for Life' Outside the Hub [Opposite Newtown station] Ph: 99594558 Mob:0404187390</p>	<ul style="list-style-type: none"> <li>• Free meals</li> <li>• Operate by a mobile food van [Vegetarian and hot food served]</li> </ul>	<p><u>Free meals</u> Monday to Friday 6 pm to 7:30 pm</p>
<p>Inner City Baptist ministries [Hope Street Urban Compassion] Tom Uren place 91 Forbes street Woolloomooloo Ph-93582388</p>	<ul style="list-style-type: none"> <li>• Referrals for homeless people</li> <li>• Drug and alcohol counselling</li> <li>• Community Aid and Emergency Assistance</li> </ul>	<p>Drop in centre and backshed café \$1 meals and op shop Monday to Friday:10am to 3 pm Sunday:9 am Free meal and service</p>

Organisation	Type of Assistance	Timetable
<p>Matthew Talbot Hostel[S.V.D.P] 22 Talbot Lane, Woolloomooloo Ph:93571533 Fax: 93586331</p>	<ul style="list-style-type: none"> <li>• Homeless aid, housing and clothing assistance</li> <li>• Free counselling</li> <li>• Learning Centre (Monday to Friday 9.00-4.00)</li> </ul>	<p>Monday to Sunday Free breakfast:7:15- 8.00 Free lunch:12:30-1.15 Free dinner:4:45-5.30</p>
<p>Mission Australia Centre 19 Denham St, Surry Hills Ph:9356 0600 Fax: 93560605 Mission Beat:1300 306 461</p>	<ul style="list-style-type: none"> <li>• Crisis accommodation (Men Only)</li> </ul>	<p>Open for aid 24 hours</p>
<p>St Canice's Church[Catholic] 28 Roslyn St,Kings Cross PH:93585229 Fax: 93583170</p>	<ul style="list-style-type: none"> <li>• free lunch</li> </ul>	<p>7 days 11 am to 1 pm</p>
<p>St Constantine &amp; Helen[Greek Orthodox] 378 King Street Newtown Ph:95197868</p>	<ul style="list-style-type: none"> <li>• Open for everybody For free lunch</li> </ul>	<p><u>Free lunch</u> Monday to Friday 12 to 2 pm [Closed during church services]</p>
<p>St Johns Anglican Church 120 Darlinghurst Rd,Darlinghurst Ph: 93606844 Fax:93601759</p>	<ul style="list-style-type: none"> <li>• Drop in centre and food with coffee &amp; tea</li> <li>• Counselling by appointment</li> <li>• food vouchers and emergency assistance</li> <li>• legal service (9.00am-3.00 pm)</li> </ul>	<p><u>Food with coffee tea</u> Wednesday to Saturday 8 pm to 11.30 pm Or by appointment for services.</p>

Organisation	Type of Assistance	Timetable
<p>Café Cana 96 Pitt Street, Redfern. Ph:8399 1790</p>	<p>Every month last Friday Special gala night at 7 pm Saturday night at 6 pm</p>	<p>Saturdays only from 6.00 pm Free food Free meal</p>
<p>St Michaels Anglican church 196 Albion Street (Cnr with Flinder Street), Surry Hills Ph:96984226 Mb:0414969841</p>	<ul style="list-style-type: none"> <li>• Free hot breakfast (Sundays only)</li> </ul>	<p>Sundays only 8 to 8:45 am</p>
<p>The Salvation Army Street Level Café 339 Crown Street, Surry Hills [Derby Lane off Albion] Ph:93601000 93802882 Fax: 93802776</p>	<ul style="list-style-type: none"> <li>• Open for homeless person 21 years and older.</li> <li>• Welfare assistance: food, clothing assistance with bills and social support.</li> <li>• Centrelink income statement may be required for the services.</li> <li>• Street level café \$1 meals</li> </ul>	<p><u>Café hours:</u> Tuesday to Friday 9.30am-3.30pm</p> <p><u>Welfare appointment</u> Monday 12.00-1.00 pm</p>
<p>Edward Eagar Lodge [Wesley Mission] PO Box 252 Darlinghurst NSW 1300 348A Bourke St, Surry Hills Ph:93610981 Fax: 93313410</p>	<ul style="list-style-type: none"> <li>• Emergency food, aid and housing assistance.</li> </ul>	<p>Monday to Friday 9:30-3 pm [Except public holidays] Donations excepted <u>Free morning tea and lunch service will be closed from 26 June 2009</u></p>
<p>Come in centre [Catholic] 461-463 Oxford St, Paddington Ph:93312691</p>	<ul style="list-style-type: none"> <li>• 14 to 24 year olds only</li> <li>• Food, counselling, case work,</li> </ul>	<p><u>Free lunch to young people as part of education components</u> Monday, Wednesday,</p>

Organisation	Type of Assistance	Timetable
Fax: 93311583	accommodation, <ul style="list-style-type: none"> <li>• 14 to 25 years olds only</li> <li>• laundry and shower facilities.</li> </ul>	Thursday 12 am-3 pm (Phone in advance required) Free lunch open to public Fridays only-1:45 pm to 4 pm Centre closed public holidays
The Station 82 Erskine St Cnr Clarence & Erskine Wynyard, City Ph:92992252 Fax: 92994716 Marzana drug and alcohol	<ul style="list-style-type: none"> <li>• Homeless persons of 21 years and older</li> <li>• Drop-in-centre</li> <li>• Shower and laundry</li> <li>• Free lunch</li> </ul>	<u>Drop-in centre</u> Monday to Friday 7:30 am to 4 pm [shower/laundry until 1:45 pm] <u>free lunch</u> 12:30 noon
Uniting Church... Newtown Mission 280A King Street, Newtown Ph:95199000 Fax: 95505454	<ul style="list-style-type: none"> <li>• Free meals</li> <li>• All welcome</li> <li>• Children must be supervised</li> </ul>	<u>Free meal</u> Tuesday, Wednesday, Friday-1 to 3 pm <u>Free dinner</u> Thursday 6 pm-7.30pm
Wayside Chapel 29 Hughs St, Potts Point Ph:93586577 Fax:93563931	<ul style="list-style-type: none"> <li>• Telephone lines</li> <li>• Emergency clothing</li> <li>• Opportunity shop</li> <li>• Free counselling and financial assistance for rent</li> <li>• Main meals \$2.50</li> <li>• Coffee and tea:50 cents</li> </ul>	<u>Monday to Friday</u> 9 am to 8 pm Saturday-Sunday 9 am to 5 pm <u>Telephone lines:</u> 9 am to 8 pm Closed public holidays.

**EMERGENCY AID AND FOOD**  
**Eastern Suburbs**

ORGANISATION	TYPES OF ASSISTANCE	HOURS
<p>Anglicare Community Care Centre 60 Wairoa Ave, Bondi Beach ph:83623700 Fax: 83623711</p>	<ul style="list-style-type: none"> <li>• Emergency relief:</li> <li>• Food vouchers or parcels when available</li> <li>• electricity bills, water rates, gas bills, telephone bills and family support counselling</li> </ul>	<p><u>Community care centre</u> (open Monday and Tuesday 9.30 am-3.30 pm) Ph:83623700 to make an appointment for emergency relief</p>
<p>St Vincent de Paul Maroubra 181-191 Maroubra Rd, Maroubra Vinnies Shop 835 Anzac Pde, Maroubra Ph:93449990 Fax: 93449634</p>	<p>Emergency assistance</p> <ul style="list-style-type: none"> <li>• Welfare</li> <li>• Food, furniture, clothing assistance</li> <li>• budget counselling (Friday only)</li> </ul>	<p><u>Visit for appointment</u> Monday to Friday:10 am to 12 noon &amp;1 pm to 3 pm Closed: public holidays</p>
<p>St Vincent de Paul Waverly Ground floor, 332-342 Oxford St, Bondi Junction Ph:93875614 Fax:93874442</p>	<ul style="list-style-type: none"> <li>• Food parcels and referrals, emergency aid via home visit</li> <li>• Budget counselling</li> <li>• Centrelink income statement required</li> </ul>	<p><u>Phone for appointment</u> Monday to Friday <u>10 am to 1 pm</u> <u>1.30 pm to 3 pm</u></p>

<p>Sydney Multicultural and Community Services  3 General Bridges Crescent  Daceyville 2032  Ph:96633922  Fax:96627627</p>	<p><u>Material assistance programme:</u>  EAPA vouchers assist disadvantaged people in financial crisis having difficulty paying their home, gas &amp; electricity  <u>Emergency relief program</u> Assists migrants and refugees in financial crisis with immediate situations.</p>	<p>These services are available for the people of culturally and linguistically diverse[CALD] backgrounds  Monday to Friday  8:30 am to 5 pm</p>
<p>The Salvation Army  100 Boyce Rd,  Maroubra  Ph:93142166  Fax:93443160</p>	<p><u>Emergency assistance only</u></p> <ul style="list-style-type: none"> <li>• Food vouchers and general welfare assistance</li> <li>• Centrelink income statement may be required for services</li> </ul>	<p>Business hours are Maroubra to La Perouse/mascot areas:  Monday, Wednesday and Friday  9:30 am to 12 noon&amp;1 pm to 3 pm  Closed public holidays</p>
<p>[Chapel By The Sea]  Norman Andrews House  77 Roscoe St, Bondi Beach  Ph:91305749  Fax:91306731</p>	<ul style="list-style-type: none"> <li>• Clothing assistance and counselling</li> <li>• Meals</li> <li>• Shower and laundry facilities</li> </ul>	<p><u>Free breakfast</u>  Monday to Friday  From 8.00 am  <u>Free lunch</u>  From 12 noon</p>

## Financial counselling and advice

Organisation	Type of assistance	Timetable
<p>Centrelink            Centrelink appointment line            [With customer reference number]            Ph:131021            To find out about FIS and seminars            Ph:136357            Financial case management project            Team-ph:1300556662  <a href="http://www.centrelink.gov.au">www.centrelink.gov.au</a></p>	<p><u>Financial information service [FIS]</u></p> <ul style="list-style-type: none"> <li>• Free independent financial information over the telephone and at personal interviews.</li> <li>• FIS officers are not financial planners, assessors and do not make decisions about pensions.</li> <li>• Centrelink can also give you information about whether you are entitled to-            rent assistance            crisis payments            financial case management</li> </ul>	<p><u>Services for Centrelink recipients</u>            Centrelink            phone lines: Monday to Friday            8 am-5 pm</p>
<p>Creditline            Moved to 220 Pitt St, Redfern            from July 2009            Ph:99515544            [appointments can meet here at JN            after booking via credit line]</p>	<p>Financial counsellors assist people with debt problem by providing information, advice and negotiation with creditors.            credit line provides financial counselling at the junction</p>	<p>Monday to Friday 9 am to 5 pm            Credit line book appointment up to two weeks in advance first thing every Monday at 9 am sharp on  <a href="http://ph:99515544">ph:99515544</a>            For gambling counselling-            can call any time during the working week for an appointment</p>

Organisation	Type of assistance	Timetable
<p><b>Money Care Service</b>  61-65 Kingsway  Kingsgrove.  Nsw-2208  Ph:93363320  Fax:93363359</p>	<ul style="list-style-type: none"> <li>• Financial counselling by appointment</li> </ul>	<p>Monday to Friday  8.30 am to 4.30 pm</p>
<p><b>Department of Housing</b>  Redfern  Poets Corner Outreach Office  Gilmore Building  55 Morehead Street  Redfern NSW 2016</p>	<ul style="list-style-type: none"> <li>• Housing related assistance</li> </ul>	<p>Hours: Tuesday &amp; Thursday 9am-12.30pm</p>
<p><b>No Interest Loans Scheme [Nils]</b>  Church In The Market Place  400 Oxford Mall, Cnr Newland St,  Bondi Junction  Ph:93872300  Fax:93876815</p>	<ul style="list-style-type: none"> <li>• The no interest loans scheme NILS provides credit for people on low income for essential household items</li> <li>• Loans not available for general living expenses or bills</li> <li>• Processing loans may take 3-4 weeks with repayment generally 12 to 18 months</li> <li>• For low income earners eligible for a health care card</li> </ul>	<p>Wednesdays  10 am-3 pm  By appointment</p>
<p><b>Credit and Debt hotline</b>  Ph:1800808488  Fax:92124711</p>	<ul style="list-style-type: none"> <li>• A telephone hotline and referral</li> <li>• Service for people in financial crisis</li> <li>• Free advice and problem solving strategies for debt</li> </ul>	<p>Monday to Friday  9:30 am to 4:30 pm</p>

Organisation	Type of assistance	Timetable
	<p>and banking problems. eg:loans, credit cards, debt collectors and bankruptcy issues.</p>	
<p>Legal Aid Head office 323 Castlereagh St, Sydney Ph:92195000 Fax:92195935 (reception) Fax:92195066 (clients)</p>	<ul style="list-style-type: none"> <li>• Free 15 minutes interview for credit and debt advice.</li> <li>• If you need further help, legal aid may be a lawyer to represent you if-the matter in dispute is over \$3000</li> <li>• The debt is a consumer debt</li> <li>• You meet the means test Case is likely to success</li> </ul>	<p>Monday to Friday 8.30 am to 5.30 pm Anyone who needs help can call and make an appointment by calling legal aid office during office hours.</p>
<p>The Consumer Credit Legal Centre PO Box 538 Surry Hills 2010 Ph:1800808488 Fax:92124711</p>	<ul style="list-style-type: none"> <li>• Free financial counselling, referrals and legal advice to individual consumers on credit, debt and banking issues.</li> </ul>	<p>Monday to Friday 9.30 am-4.30 pm</p>
<p>Redfern Legal Centre 73, Pitt Street Redfern -2016 Ph: 9698 7277 Fax:93103586 Tenancy Advice: Ph 9698 5975</p>	<p>Free legal services Referral service within local areas</p> <ul style="list-style-type: none"> <li>• Credit and Debt</li> <li>• Criminal Law (limited matters)</li> <li>• Community Organisations</li> <li>• Complaints against police, solicitors and government organisations.</li> <li>• Consumer complaints</li> <li>• Consumer Credit Laws</li> <li>• Discrimination</li> <li>• Domestic Violence</li> <li>• Employment (not workers' compensation)</li> </ul>	<p>9 am to 6 pm Monday to Thursday 9 am to 5 pm Friday Have evening advice session four nights a week, staffed by volunteer solicitors and others</p>

Organisation	Type of assistance	Timetable
	<ul style="list-style-type: none"> <li>• Family Law (limited matters)</li> <li>• Insurance (not workers' compensation)</li> <li>• Legal Aid</li> <li>• Mental health</li> <li>• Motor vehicle accidents</li> <li>• Prison</li> <li>• Social security matters</li> <li>• Superannuation</li> <li>• Tenancy</li> <li>• Unfair dismissal</li> </ul>	
<p>Waverly Court  151 Bronte Road, Waverly 2024  Ph:9367 1900  Fax:93671966  1300888529 (Free legal minimum advice)</p>	<ul style="list-style-type: none"> <li>• Most local courts provide free procedure assistance</li> <li>• They can also help you with court documents, personal AVO orders and see Chamber Registrars</li> </ul>	<p>Monday to Thursday  9 am to 4 pm  Friday 9 am to 2 pm  By appointment</p>

### Crisis Accommodation

Organization	Types of assistance	timetable
<p>Edward Eagar Lodge  348A Bourke Street,  Surry Hills  Ph:93610981</p>	<ul style="list-style-type: none"> <li>• Crisis accommodation men and women only 20 years and over</li> <li>• 18 dollars a night</li> <li>• Laundry facilities available</li> </ul>	24 hours
<p>Foster House  5 Mary Street, Surry Hills  NSW  Ph:92121065  Fax:92116837</p>	<ul style="list-style-type: none"> <li>• men only</li> <li>• 18 years and over</li> <li>• Short term crisis accommodation</li> <li>• Referral to housing options</li> </ul>	24 hours

Organization	Types of assistance	timetable
	97 beds	
<p>Guthrie House 9 Liberty Street, Enmore Ph: 9516 5588</p>	<ul style="list-style-type: none"> <li>• Women only</li> </ul>	
<p>Matthew Talbot Hostel[S.V.D.P] 22 Talbot Lane, Woolloomooloo Ph:93571533 Fax: 93586331</p>	<ul style="list-style-type: none"> <li>• Crisis accommodation</li> <li>• For homeless men over 25 years</li> <li>• 98 beds</li> </ul>	24 hours
<p>Samaritan House Ph:92115794 Fax:92125430</p>	<ul style="list-style-type: none"> <li>• For Single women 16 years and over</li> <li>• Case management</li> </ul>	24 hours
<p>Sydney Crisis and Homeless Accommodation Ph:92659081 1800234566 8 am to 10 pm</p>	<ul style="list-style-type: none"> <li>• Homeless persons information referrals</li> <li>• Emergency accommodation referral</li> </ul>	
<p>Oasis Youth Support Network 365 Crown Street Surry Hills Ph:93312266 Fax:93312200</p>	<ul style="list-style-type: none"> <li>• homeless crisis accommodation</li> <li>• 18 beds</li> <li>• 16 to 21 years</li> <li>• Laundry facilities</li> <li>• 4 meals</li> </ul>	<p>Office hrs Monday to Friday 9 am to 4 pm Accommodation service 24/7</p>

<p>Homeless Persons Information Referrals, Emergency Accommodation Referral Ph:92659081 1800 234 566 Fax:92659639</p>	<ul style="list-style-type: none"> <li>• Assessment and referrals</li> </ul>	<p>9 am-10 pm Lunch break 1 pm-2 pm 7 days Christmas hours 3 pm -10 pm</p>
<p>A Women's Place 94,Victoria Street, Potts Point Phone:93586222 Fax:93563743</p>	<ul style="list-style-type: none"> <li>• Women only 18 years and over [no kids]</li> <li>• 18 hostel beds</li> <li>• 5 beds for toxic persons</li> <li>• Offer Case management</li> </ul>	<p>24 hours and 7 days</p>
<p>Wesley Missions Homeless Persons Service 348a Bourke St, Surry Hills Ph:93610981 Fax: 93313410</p>	<ul style="list-style-type: none"> <li>• Adults from 18 years are welcome</li> <li>• 76 beds</li> <li>• 12 women rooms</li> <li>• Case management assistance provided</li> <li>• Day care centre open</li> <li>• Cheap lunch for \$ 1.20</li> <li>• Free morning tea</li> </ul>	<p>24 hrs and 7 days</p>
<p>Hay Market Centre 137-139 Regent St, Chippendale 2008 Ph:96980555 Fax:93101176</p>	<ul style="list-style-type: none"> <li>• Short term accommodation</li> <li>• men and women</li> <li>• 18 years and over.</li> </ul>	<p>24 hrs and 7 days</p>

## Crisis numbers

City of Sydney Homeless Persons information Centre	Ph:9265 9081
Youth Accommodation Association	ph: 93181531
[Provides information on youth refugees and daily update of available youth accommodation beds in NSW]	
Women's and girls emergency centre	ph: 9211 1616
[Assist homeless and destitute women and girls obtain crisis accommodation]	
Emergency youth accommodation	ph: 92675918
Hope hostel Parramatta [men only]	ph: 96831630
Kendal house Parramatta [men only]	ph: 98915234
StJudes: Bankstown [men only]	ph: 97968416
Gay and lesbian counselling service in NSW	ph: 85949596
Domestic Violence Help Line	ph:1800656463
Department of Community Services	ph: 132111
Centa Care Waterloo	ph: 93101322
Centrelink Multilingual Service	ph: 131202